
Memorandum

To: All States, Coaches, Adjudicators, Competition Committees

From: Kerry Sargent

Date: December 22, 2020

Re: ACF Rules and Regulations v2021 update

Every three years the ACF National Rules Forum is convened to examine the ACF Rules and Regulations. The forum comprises two delegates from all states and territories, as well as the ACF Directors of Competitions, Adjudicators and Coaches. The goals of the ACF National Rules forum are:

1. To provide a forum for a national approach to the ACF National Rules and Regulations (allowing for flexible rules as stated in the ACF Flexible Rules Policy)
2. To have unambiguous rules and regulations that govern Calisthenics competitions nationally, and at State / Territory level, that are interpreted consistently by all stakeholders, including adjudicators, coaches, competitors and administrators.
3. To have rules and regulations that preserves and continues to develop the creativity and uniqueness of Australian Calisthenics and provide a safe performance environment to all participants.

In February 2020 the ACF National Rules Forum was held in Melbourne to discuss submissions received. All states were represented at the Forum as well as competitions, coaches and adjudicators through their respective ACF Directors.

At the meeting a number of rule changes were discussed, resulting in recommendations for the ACF Council. These recommendations were approved and ratified by the ACF Council in December 2020.

The **v2021** ACF Rules and Regulations document is the outcome of this process. The following provides an overview of changes to the ACF Rules and Regulations in the v2021 document.

The **v2021** ACF Rules and Regulations will become effective 1 January 2021.

Kerry Sargent

ACF National Rules Forum Convenor

NEW RULES/ CHANGES TO RULES that apply to ACF National Rules & Regulations for v2021.

(Changes highlighted in red below)

1.1 DEFINITIONS

- d. Stage Area – the ~~visible~~ working area of the stage, including the area behind the standard back curtain when curtain is open and the apron area. Taped side-lines clarify the stage area. Front and back lines where marked are for safety purposes only. Legs (Black side curtains) should abut sidelines where possible. Stage markings for ‘down spot lighting’ allowed. Recommended minimum working stage area is 10m X 10m.
- i. Stage Dressing. Props or scenery, standard steps, modules, drums, ramps and platforms **deemed to be** placed on the stage **area**, prior to the commencement of the item. (Refer safety requirements for specifications).
- l. Technical Fault & **Technician Error**.
 - a. A technical fault is defined as **an equipment failure that affects the music or visibility of the competitors.**
 - b. A technician error is defined as **an incorrect blackout or curtain movement performed by a theatre technician that impacts the competitors’ safety or the timing of the item.**
 - c. Responsibility for calling a technical fault **or technician error will lie with the Stage Manager / Chairperson in consultation with the coach.**

2.4 FALSE STARTS

- c. In Solos/Duos/Team competitions, if the competitor/s leave the stage before the completion of their performance for a reason other than a technical **fault and/or technician error** they have the option of repeating the performance, however is ineligible to gain a placing. The critique paper is to be provided without deduction.
- d. In Solos/Duos/Team competitions, if the competitor/s leave/s the stage before the completion of their performance due to a technical **fault and/or technician error** they have the option of repeating the performance and is /are eligible to gain a placing.

2.5 TIMING

2.5.3 Time Limits

- g. Masters

All items

2½ – 3½ minutes

3.1 RULES FOR TEAM ITEMS

b. Lighting & Blackout Opening / Closing

No (~~Intermediates and Seniors excepted~~) – refer ACF policy on Flexible Rules - Appendix 1.)

*Explanatory note – lighting and blackout for core items is now a **flexible** rule for all age-groups. When and how flexible rules are used is determined by State bodies. Please refer to the ACF Flexible Rules Policy in Appendix 1 of the ACF National Rules and Regulations on the parameters for States to administer flexible rules.*

3.2 TECHNICAL RULES

3.2.5 Song/s with Actions/Movement

3.2.6 Song and Dance

3.2.10 Dance Rods

3.2.11 Stage Medley

3.2.12 Calisthenic Revue

3.2.13 Calisthenic Spectacular

Assistance in singing **or vocalisation** by coaches or non-members of the team is NOT permitted.

6.1 APPENDIX 1 - ACF FLEXIBLE RULES POLICY

On this basis the following rules are deemed to be “flexible” according to each State Association’s criteria.

- Rule 3.1 b – **No Lighting or blackout opening / closing for core items;**

CLARIFICATION OF RULES that apply to ACF National Rules & Regulations for v2021.

1.1 DEFINITIONS

- h. Remote devices **are defined as a moving object (e.g. car) that is controlled by the use of radio or electronic signals.** A remote device may be used as per specified item rules. May be operated by a person on or off the stage.

(Clarified by ACF Rules Forum Advisory Committee, March 2020, at request of QLD).